

*Paula Hughes presents*



# AN EVENING OF SOUL COACHING

Join me at the Ratoath Community Centre for a gentle evening of exploration and discovery.

We gather in circle and in partnership with the magical elements of Air, Water, Fire and Earth we float down to our source of infinite wisdom and grace.

This is the wonder of Soul Coaching : the remembering of one's true self and the simplicity and joy that comes from living an authentic life.

**When**                      **Monday 9th August**

**Time:**                      **7.30—9.30**

**Cost:**                      **€20**

[www.oakwhispers.ie](http://www.oakwhispers.ie)